

Friday

Forró ²⁰¹⁸ in Mai

WORKSHOPS

PARTY PASS:



FULL PASS:



All levels



Improvers



Intern. I



Intern. II



Advanced



| | | | | | | | |
|-------|---|---|---|---|---|--|---|
| 11:00 | | | REGISTRATION & WELCOME | | | | |
| 12:00 | ANNA & ANAX Body language and leading with the arms | MARILIA Working with connection in the dance | JUZINHA & CÉSAR Variations on repique | HUGO Variations on chutinho (part 1) <i>Prerequisite: basic knowledge of Forró Roots and chutinho</i> | TAU (& YSE) Weight transition in dance | OPEN DANCE | |
| 13:15 | | | | | | | |
| 13:45 | TAU (& YSE) Balanço variations | HUGO Inverted turns (Itaunas style) | MARILIA & TIAGO Using and offering space - focus on both lead and follow | JUZINHA & CÉSAR Variations of marking steps | ANNA & ANAX Leading and following with your upper body | JAM SESSION <i>(If the weather is nice, we can jam outside)</i> | |
| 15:00 | | | | | | | |
| 15:30 | YSE Recognizing and correcting vices within your dance | MARILIA Followers styling and technique | FORRÓ EM VINIL (open dance) DJ SAMPA | HUGO Elasticity in the dance & musicality in Baião and Forró | JUZINHA & CÉSAR Samba de Gafieira - Intermediate level | TIAGO Closed position: Dancing behind the follower & dancing with the follower at your back | TAU Working with the strong and weak beat in the dance |
| 16:45 | | | | | | | |
| 18:00 | | | | | | | |

Saturday

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Advanced



12:00

REGISTRATION

13:00

JUZINHA & CÉSAR

The basic step as a starting point for various movements

ANNA & ANAX

Originality & creativity within the Baião rhythm

HUGO

Chutinho and 14-step movement

YSE (& TAU)

Forró roots footwork
Prerequisite: advanced knowledge of Forró Roots style

MARILIA & TIAGO

Musicality - letting the song influence your moves

OPEN DANCE

14:15

14:45

TIAGO

Traveling turns how to lead and how to follow

YSE (& TAU)

Forró Roots turn

ANNA & ANAX

The art of Xaxado

HUGO

Variations on chutinho (part 2)
Prerequisite: Variations of chutinho part 1

JUZINHA & CÉSAR

Focusing on body movements within the dance

JAM SESSION

(If the weather is nice, we can jam outside)

16:00

16:30

TAU

How to dance to different Zabumba beat variations

HUGO

Improving your embrace and the proactive follower

FORRÓ EM VINIL
(open dance)

DJ CACAI

JUZINHA & CÉSAR

Playing with space

ANNA & ANAX

Coco meets Afro indigenous

MARILIA & TIAGO

Dancing in the closed position

YSE

Sensitivity and perception within the dance

17:45

18:30